

**LifeGroup Questions for the week of September 8, 2019**  
**“Death and Grief, Hope and Promise” Genesis 23:1-20**

1. What are you looking forward to about LifeGroup this year? What are you hoping to gain from it? What can you do to make your LifeGroup better for those in your group?

2. Why is it important to have a biblical understanding of grief? How would you describe a biblical understanding of grief? Why is it right and good for the Christian to grieve?

3. What might grief look like in different people’s lives? What are some unhelpful things to say and do when someone is grieving? What are some helpful things to say and do?

4. Read 1 Thess. 4:13. What might it look like to grieve with no hope? How is Christian grief different than the world’s grief?

5. How does Abraham show hope in God and his promises in the midst of his grief? How might we?

6. What are some of the promises of God that can help us and give us hope when we are grieving?